

Make Your Healthcare Preferences Known



Start the Conversation! “Planning for an Elegant Exit” Class starting January 20!

Have you thought about who will make healthcare decisions for you if you can't? Do your loved ones know what your wishes are if you were to become incapacitated or gravely ill? Perhaps you have had a loved one or close friend pass away without instructions and the difficulties that situation presented for their family. Now is the time to plan ahead. Advance Care Planning isn't just about paperwork, it's about peace of mind.

Join our engaging and informative four-week class with Marylyn Kirk, RN, RScP, to take control of your future healthcare decisions. Learn how to communicate your values, complete essential documents, and ensure your wishes are honored.

Planning for an Elegant Exit Class Registration Information

Wednesdays: January 20, 27, February 03 and 10 at 7-9 PM MST on Zoom

Early Bird registration fee is \$99 until 01/10/26, \$125 01/11/26 - 01/18/2026

Register: <https://rgcsl.breezechms.com/form/ElegantExitJan2026Oakland>

Registration is open to everyone 18 and over and closes 01/18/26

This class is being offered to multiple Centers and communities in the United States, so you will have an opportunity to learn with a variety of like-minded people. Don't wait for the unexpected - **plan ahead with confidence!** Sign up today and start the conversation!

